



## Have you heard the Breaking News?!

The SPRINT trial has been halted prematurely because driving systolic blood pressure down to 120mmHg (as opposed to traditional 140mmHg) improves not only cardiovascular outcomes BUT also decreases all-cause mortality ! But wait. We do not have access to the details of the study just yet. However, the protocol is available at [www.sprinttrial.org](http://www.sprinttrial.org). We are happy to report that the SPRINT protocol supports our protocol of the BP Visit study that you are enrolled in. In both arms of the SPRINT trial, participants are evaluated MONTHLY for the first 2 months. MONTHLY visits continue in the intensive group until a SBP <120 mmHg is achieved or no more titration is planned and in the standard group whenever a SBP  $\geq$ 160 mmHg is noted. **Maybe the breaking news should be, "MONTHLY VISITS in patients with high blood pressures improves cardiovascular outcomes"!**