

SAMHSA

www.samhsa.gov

Need Help? Have a questions? Need Answers . . .



Welcome to the Behavioral Health Treatment Services Locator, a confidential and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance abuse/addiction and/or mental health problems. <https://findtreatment.samhsa.gov/>



The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. **1-800-273-8255 (TALK)** <https://suicidepreventionlifeline.org/>



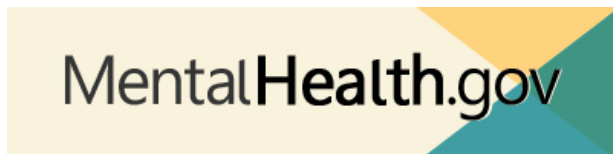
SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. **1-800-662-4357 (HELP)** <https://www.samhsa.gov/find-help/national-helpline>



SAMHSA's Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters. **1-800-985-5990** <https://www.samhsa.gov/find-help/disaster-distress-helpline>



SAMHSA News is a dynamic, continuously updated publication. Subscribe to stay up-to-date on the latest news and articles. SAMHSA Shares Latest Behavioral Health Data, Including Opioid Misuse. <https://newsletter.samhsa.gov/>



Learn about mental health as a piece of overall wellness and the early warning signs of mental health problems. Know the facts, use your knowledge to educate others, and reach out to those who may have mental health problems. Treatment and recovery are ongoing processes that happen over time. The first step is getting help. <https://www.mentalhealth.gov/>



StopBullying.gov provides information from various government agencies on what bullying is, what cyberbullying is, who is at risk, and how you can prevent and respond to bullying. <https://www.stopbullying.gov/>