

Dear Clinicians,

The stories are starting to come in - thanks to those of you who have shared so far! Here is a story shared by one clinician:

"I have a patient who was non-compliant with her medications. Her brother is my patient and he has a son whom I have seen as well. She repeatedly tells me she has no symptoms so she doesn't need medication. I told her "you may not feel anything now but what if something were to happen to you, your nephew may feel the pain for the rest of his life. You can avoid that potential pain by taking your medications. Her BP is now normal and her HbA1c dropped to 7.4 from 12.1."

We're looking forward to receiving more examples of how you have "unsilenced" hypertension with your resistant patients. How have you made the disease more relevant to your patients using personalized advice? How do you ensure that your patient can articulate the risks of uncontrolled hypertension and the benefits of lowering elevated blood pressure?

We welcome you to email us your stories directly at BPVisit@CDNetwork.org, or click "Reply" to this email.

Thank you!

The BP Visit Team

<http://www.cdnetwork.org/bp-visit>