

Stress First Aid Training Videos: Links

Link to Full Video: https://youtube.com/playlist?list=PLONpd5B_A4vsaoLT6qdr9SgP4AIF3Dfi4

Link to Individual Video Sections (easier if watching the training video over multiple sittings):

Video #	Title	Link	Length
1	Introduction to COVER-HCW study	https://youtu.be/Zqjo2Q-L_eM	4:13
2	Introduction to SFA in Health Care Settings	https://youtu.be/KyIWqe6p550	27:55
3	SFA Model	https://youtu.be/xNJxcl2CH9U	23:34
4	SFA Core Action #1: Check	https://youtu.be/FcPQBuv9XDs	19:22
5	SFA Core Action #2: Coordinate	https://youtu.be/DPgiY1SzWIE	7:31
6	SFA Core Action #3: Cover	https://youtu.be/-Tci7xGxLBA	8:42
7	SFA Core Action #4: Calm	https://youtu.be/NtiCDnsrGUk	11:18
8	SFA Core Action #5: Connect	https://youtu.be/cHtF0qKZNNk	10:05
9	SFA Core Action #6: Competence	https://youtu.be/ezrAFGdAE18	13:08
10	SFA Core Action #7: Confidence	https://youtu.be/h6-inb74-_E	20:26
11	Delivering SFA in Group Format	https://youtu.be/dKhyUXpMZso	23:08